Asian Sports Sports Education Pattern Contrast Analysis With World
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Abstract: this paper USES the method of documents and materials, comparative analysis and other research methods, from the reform of physical education, the proportion of PE course, the curriculum content of sports discipline, sports, contrast of Asian sports and world sports education model, to find weak Asian sports development process, and puts forward corresponding Suggestions. The results show that the Asian sports and the world, there is a certain gap, embodied in the Asian sports reform is relatively slow, for a small proportion of PE course, PE curriculum content is abstract, open sports is relatively single, all these caused the Asian sports development speed is inferior to the world.

Keywords: Asian sports; World sports; Education mode

1. Introduction

At present, the global integration has become a big trend, therefore increasing access to the diverse needs of human beings, has higher requirement for material and spirit. One of the key factors of sports as a great power, to promote the development of the economy, plays an indispensable role in human progress.

Asian sports and the world than there is a certain gap, although the Asian sports has been steady progress, but still not as good as the world sports development speed. Xu Jilei had in-depth study, according to the Asian sports he to the Asian games as the research object, through the analysis of the status quo of the Asian games, and performance compared to the Asian games Asian sports power sports strength. In addition, the author also further study on the basis of the Asian games MEDALS distribution characteristics, such as the Asian games performances by athletes from all over the world, the medal and so on, in contrast to the strength of the Asian sports power, emphasized the importance of sports power.

Asian sports advances with the development of world sports, its landscape also has a certain change, for the new pattern of Asian sports, many scholars have made a research. Fu-gui huang in guangzhou as an example, from the performance of the guangzhou Asian games, Asian games is the medal distribution, further analyzing the new pattern of sports in Asia, emphatically points out that the current Asian sports in the unceasing innovation, constantly changing landscape, so as to adapt to the development of sports in the world.

In order to further development of sports in Asia, construction of new Asia sports city is the only way. To this, the scholars as a fine long hair is for the construction of the new Asia sports city is studied. Him in kunming, for example, in view of the new Asia sports city kunming construction plan is put forward, in the process of construction, the introduction and using situation of sports facilities is crucial, must grasp the principle of frugality and ensure the normal operation of the sports city, meet the sports consumption demand of consumers.

By comparing the Asian sports and world sports, this paper analyses the relation and distinction between, from the reform of physical education, the proportion of PE course, the curriculum content of sports discipline, sports a few aspects, put forward the Asian sports in the sports education pattern in the gap, and gives corresponding Suggestions.

2. Comparison and analysis

2.1 Asian sports and the development of world sports education pattern

Sports is one of the factors of power, have a strong sports team is a symbol of national comprehensive national strength. Asian sports has been growing, like the world of sports, throughout the history of sports, are the development trend of periodically. With the development of economic, cultural and other aspects, in the nature, function and teaching mode three aspects constantly reform and innovation, great changes have taken place.

![Figure 1: The development of Sports](image)

Figure 1 is the general pattern of sports development, generally divided into primitive sports stage, innovation stage, the lag phase, the recovery phase, development phases and the sports science and education. Therefore, physical education is the ultimate mode of sports development, also is one of the key link. Only ready sports science and education, on the basis of the development of sports, is the spirit of sports, sports culture more deeply into all levels of people, really do the sports development.

Therefore, from the perspective of the physical education mode, according to the Asian sports and world sports relation and difference is analyzed, and thus foster strengths and circumvent weaknesses, avenue the balanced development of sports.

2.2 Asian sports sports education pattern contrast with the world

Relative to the world of sports, although Asian sports has been in progress, but still slow development, especially in the aspect of the sports education. In recent years, many Asian countries to realize the importance of sports, sports, to emphasize the implementation of
physical education of teenagers, for example our country to sports power as the goal, the national sports consciousness also more and more high.

Unlike the Asian sports education, the world sports education pays attention to the ideas of education power, and sports thought in the foreigner has occupied the important position in my heart. They will sports as an essential part of everyday life. Work in his spare time, exercise has been as a leisure entertainment, improve the life quality, body quality and strengthen the important way to physical and mental health.

2.2.1 PE teaching reform

School education is given priority to with traditional knowledge education, not just physical education still is the key. Sports education base for the construction of sports, is a country built type sports world powers of top priority. Throughout the Asian sports and sports teaching reform in the world, both in teaching materials, choose the teaching content organization, teaching organization form two aspects, there is a certain difference between the world sports is better than that of sports in Asia, as Figure 2.

![Figure 2: The comparison of Asian sports and world sports education model](Image)

For the above-mentioned two aspects, namely, organization teaching material, choose the teaching content, teaching organization form a detailed analysis to analysis is as follows:

1. Choose teaching material, teaching content, the organization of the world sports pays attention to the cultural factors in the sports education, in the process of physical education, emphasis on sports bring to people the value of the body. On the basis of sports to promote a healthy body, strengthen physical culture education, moral and specification, so that the students in physical education in complete moral formation and the development of personality, eventually integrate into society. For this purpose, the selection of sports teaching material processing and the content must be strictly in accordance with the above principles, to play sports education reform;

2. In the aspect of teaching organization form, the world sports teaching is very active, student-centered teaching, promote mutual learning between teacher and students, between students and the learning content is very rich, especially the proportion of students extra-curricular activities in physical education teaching is larger, breaking the traditional knowledge teaching. In addition, the world sports advocate humanistic sports and nature, which requires the organization teaching, on the basis of the complex social environment, pay attention to the cultivation of students' physical thinking.

Comprehensive the above two points, the world sports in the process of sports teaching, through continuous reform and exploration, gradually formed a suitable for their own physical education mode, namely a liberal education mode. A liberal education is the most important characteristic of higher education of the guiding ideology.

Key composition of a liberal education is successful, happy sports, sports science, through the above analysis found in the world of sports education system, the comprehensive development of sports is the foundation of successful sports, happy are the two wings, such as science and sports is standard and the power source, general sports is roof ridge and antenna.

2.2.2 Proportion of PE course

Proportion education sports discipline is attention to physical education teaching is the most intuitive reflect. For more detailed comparison of Asian sports and world sports education in the difference between the proportion of PE course, now for the sports and the sports education in sports but distribution is analyzed.

Through a lot of literature and survey, education in physical education teaching in Asia is still not widely attention, in our country, for example, primary and secondary school physical education classes have been reduced, has been to make way for the knowledge education. Lead to investigate its fundamental is our country the cause of the phenomenon in tests, the entrance examination of education examination examination system problems, such as, in our country each big exam, was not pay more attention to sports scores and the proportion is less. Just a representative of the Asian sports teaching in our country, is similar to our country sports teaching status quo of Asian countries, is at the expense of sports teaching, vigorously promotes the culture and education. This also causes the Asian sports education development is slow.

Relatively, the world sports is more open, students from accepting education beginning with certain sports education, especially the United States, pays attention to the cultivation of the students' individual ability, focuses on various kinds of sports into the student life, and has set up various kinds of sports venues, take the student as the main body, for students to cultivate learner autonomy, strengthen students to participate in the consciousness of lifelong sports practice, constantly encourage students innovation, really will be happy sports, lifelong sports concept into education.

2.2.3 PE curriculum content

At present, most scholars research results, they showed that sports a great influence on students physique, compared with congenital factors, acquired the growth environment, physical exercise has the same size, the proportion of about 30% less. In the analysis of the subject education reform, organize teaching materials, choose the teaching content is the key to affect physical education teaching reform, so the selection of sports teaching in the curriculum content is crucial.

In this regard, the Asian sports in the selection of curriculum contents are abstract, are learning some basic knowledge, without considering the student beginning ability, the cultivation of the sports thinking. For example, the conventional physical education teaching
content mainly simple sports behavioral essentials, some Asian countries are involved in physical health, the health care content basic knowledge of learning, but these are in the knowledge learning phase, does not encourage students to the actual physical operation, and the selection of content is very broad.

In comparison, the world attaches great importance to actual situation of the students to participate in sports, especially on the selection of sports content, give priority to with students interested in the project, a variety of sports facilities, to provide sports venues, increase physical form. In America, for example, in the colleges and universities in the United States, students everywhere are sports.

Sports is the most prominent feature of education can not only fully absorb the advantage of the related disciplines, and in their place, but also can make the content, the teaching methods of other subjects more rich. It and sports science, education science are there many disciplines in the multifarious relations. In other words, in a sense, in the school sports science is more than two of three branches, is its subject. Contains the main theoretical knowledge is extremely widespread, is the sports teaching theory, curriculum theory, experience theory in sports training, sports training theory and management theory.

So, in sports discipline curriculum content choice, must give full play to the advantages, combined with physical education teaching and other disciplines, is the PE curriculum content more rich. Must be on the basis of improve students' physical and mental health, to cultivate students' sports spirit, strengthen the concept of discipline as the goal.

2.2.4 open sports projects

School sports is a key step in building our country into the world sports power, is the foundation of the national sports. Sports project to open a direct impact on education. Asian sports so relatively slow development of world sports, only one of the reasons is not rich sports.

According to the survey, a lot of Asian countries in sports are single, give priority to with traditional project, such as football, volleyball, basketball, table tennis, badminton, etc., some countries have opened the martial arts, shooting swimming, tennis, etc.

And world sports is beginning to project aspects pay attention to the diversity of the project, as well as the student's interest, in addition to the above sports, also opened a golf, hurdles, javelin, jump, jump, the springboard, click the arrow, judo, leather craft, shooting, archery, peja arrows, weight lifting, equestrian, bicycle, wrestling, etc., to many countries in the world more pay attention to the diversification of sports.

2.3 Shortage of the development of sports in Asia

Sports education is to cultivate "moral, intellectual, physical, beauty" of the "four haves" all-round development of new, one of the key components in the maintenance of higher education plays an indispensable role of talent cultivation. Sports not only to a person's physical quality, such as vital capacity, such as heart rate have a significant impact, but also affects a person's mood.

Through comparison and analysis of sports in Asia and the world sports found Asian sports in the sports teaching reform, the proportion of PE course, the curriculum content of sports discipline, sports in there is a certain gap with the world. Asian sports sports teaching reform is relatively slow, outstanding performance is a smaller proportion of PE course, PE curriculum content is abstract, open sports is relatively single.

In the higher education reform deepening and the continual enlargement of college enrollment scale, the Asian sports must be on the basis of inheriting national sports education quality ingredients, improve the physical education teaching idea, derive the advantages in the process of development of sports in the world, constantly improve the development of sports system.

2.4 Advice for the development of sports

Through the above analysis and comparison, in view of the insufficiency in the development process of Asian sports and advantages put forward several Suggestions, as follows:

1) first of all, teaching materials and choosing teaching contents, the organization should pay attention to the cultural connotation contained in sports, in order to improve the health of body and mind, for the purpose of promoting the healthy growth of students;

2) in the choice of teaching form, pay attention to the lecture teaching and students' extracurricular activities, take the student as the center, strengthen students, between the interactions between teachers and students, to diversify teaching, to cultivate the students' thinking ability, humanistic sports and nature;

3) in view of the physical education standard, must be happy sports, lifelong sports idea into the classroom education, rich sports, cultivate students' interest in sports;

Asian sports, therefore, to leap progress, must grab from above, the basis for the future sports development and the characteristic of the education system reform, school sports development, combine school physical education and education system better. Cultivate the students' sports awareness, set up strong sports concept, strengthening the study of sports theory of knowledge as a whole, and the enthusiasm of sports, the sports and exercise, as a kind of fun, the sports knowledge and exercise better into the ideas of the students.

3. Conclusion

In the sports teaching reform, the proportion of PE course, the curriculum content of sports discipline, sports, in Asia and the world sports there is a certain gap. Physical education teaching reform, the Asian sports reform is relatively slow; The proportion of PE course, the Asian sports account for a small proportion; PE curriculum content, the Asian sports more abstract; Open on sports, Asian sports is relatively single. So in order to promote the further development of sports in Asia, we must from the reform of physical education, the proportion of PE course, the curriculum content of sports discipline, sports, attach importance to the cultural connotation contained in sports, organize teaching materials and the choice is good for students' physical and mental health of the teaching content; Take the student as the center, pay attention to the lecture teaching and students' extracurricular activities together, strengthen students between, the interactions between teachers and students, to diversify teaching; Rich sports, to cultivate students' interest in sports, the realization of ultimate will happy sports, lifelong sports concept into the classroom education.

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References


